Who are we?

We are Boston Food Not Bombs, a group of fellow Boston-area community members dedicated to helping each other, building solidarity, and making mutually beneficial connections in Boston.. We ask the question, *"When over a billion people go hungry each day, how can the government spend another dollar on war?"* **We believe food is a right, not a privilege**, and yet so much food is wasted in the US and globally while people starve.

Come talk to us at our weekly meal shares:

Saturdays 1-3pm at James Cronin Park in Cambridge, near Central Square

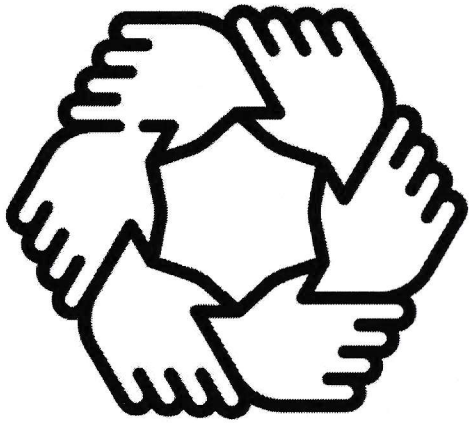
Sundays 1-3pm at Dudley Square Plaza in Roxbury, near Nubian Station

1st and 3rd Fridays at Davis Square in Somerville

The government isn't interested in helping us, so we need to help and stick up for each other.

What is Mutual Aid?

Mutual Aid is distinct from charity because it's built from the bottom up, rather than the top down. It's the idea of everyday people getting together to meet each others' needs with the shared understanding that the current political systems are not meeting our needs, and that **we can meet them, together, right now**. Mutual Aid is not charity, where those in positions of power build one-way systems that maintain unjust power structures. It seeks to build new social relations where people give what they can and take what they need, outside of those unjust systems.

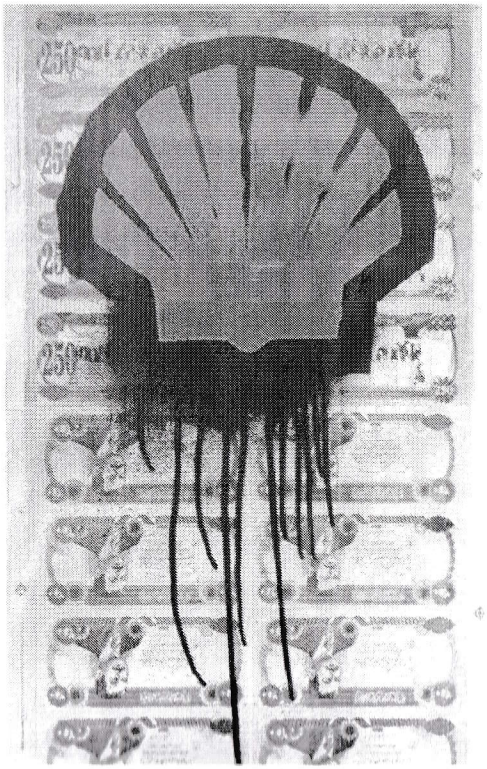


Capitalism Starves Us!

Under capitalism, food is a product to be bought and sold. Its production, therefore, is at the whims of the market. Private corporations produce, ship, store, and sell the vast majority of the US's food supply. Meaning issues of common interest such as food insecurity, ecological destruction, and massive food waste are ignored for private interests such as what will net the most profit. As a result, every corporate grocery store wastes thousands of tons of food each year, and they refuse to donate it, as people receiving free food cuts into their customer base, and in turn, their profits.

The State Ignores Us!

While capitalism starves us, the US government shows its true colors by continuing to spend half of our tax dollars on protecting capitalist interests overseas. This is by design, the same transnational corporations the US protects overseas fund the politicians currently in power. If those politicians (Democrat or Republican) want to stay in power, they must ignore common interests in favor of corporations' interests. The government will attempt to tide us over with food stamps, but many people don't qualify. And if they do, the benefits are often not enough.



We Need to Fight Back!

So, if capitalism starves us and the government is too preoccupied with useless wars to feed us, what is the solution to food insecurity? Well, it lies in the negation of both the state and capital, anarchism. Anarchism may sound like a scary concept, but it's all about mutual cooperation and common ownership. We as working class people need to regain the means of our subsistence, and it all starts with organizing. A great example of this organizing is your very own city's Food Not Bombs. We can help you with organizing against your boss, landlord, school, politician, and much more. Fight for whats yours. **Talk to us at our weekly servings** or contact us at: fnbboston@gmail.com

Boston Area FNB Chapters

Boston/Cambridge
fnbboston@gmail.com
Instagram: @bostonfoodnotbombs

Roxbury
roxburyfnbboston@proton.me
Instagram: @roxburyfoodnotbombs

Somerville
fnbsomerville@tutamail.com
Instagram: @fnbsomerville

Malden
fnbmalden@proton.me
Instagram: @malden_fnb

Quincy
fnb_quincybraintree@proton.me
Instagram: @foodnotbombsquincy

Waltham
foodnotbombswaltham@gmail.com
Instagram: @foodnotbombswaltham

Other FNB Chapters

Worcester
fnb-worcester@proton.me
Instagram: @woofoodnotbombs

Hyannis
foodnotbombscapecod@proton.me
Instagram: @foodnotbombscc

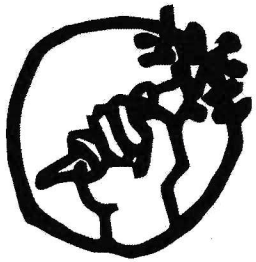
Providence
pvdfoodnotbombs@proton.me
Instagram: @food.not.bombs.providence

Nothing near you? You can help expand this list!
Start a Food Not Bombs chapter in your neighborhood!

CAPITALISM STARVES US

THE STATE IGNORES US

WE NEED TO FIGHT BACK



Food not Bombs